# **Native Education & Training College**

of Business, Healthcare, Human Services & Technology 147 McIntyre St. W., Suite 101, North Bay, ON P1B 2Y5 Toll Free: 1.800.267.2577 Fax: 705.497.7839 Website: <u>www.nativetc.com</u>

# **CPR & First Aid Training Course**

# Assured Response

2 Days – Fee \$100.00 NETC Campus – North Bay Continuing Education Certificate Course Instructor: School of Health Sciences

#### **Roles and Responsibilities of the First Aider**

#### **Casualty Management**

- -Principles of Emergency Scene Management
- -Primary survey
- -Ongoing casualty care

#### **Responsive Casualty with Suspected Head and Spinal Injuries**

- -Head/spine injuries
- -Shock
- -Ongoing care

#### **Adult Resuscitation**

- -Cardiovascular emergencies
- -Recognizing angina/heart attack/cardiac arrest
- -One and two rescuer
- -AED
- -Preventing choking and First aid for choking
- -Ongoing care until handover for casualty whose airway has cleared
- -Recognizing and caring for stroke/TIA

#### Severe Bleeding and Wound Care

- -Dressings and bandages in first aid procedures
- -Recognizing major wounds
- -Recognizing Severe external and internal bleeds and first aid for these injuries
- -First aid for amputations
- -Recognizing inadequate circulation to extremities and provide appropriated first aid
- -Measures to prevent further contaminations and infection of wounds
- -Use of slings /splints
- -Control external bleeding from a wound with an embedded object
- -Control bleeding from the scalp and ear
- -Control bleeding from the nose, gums, tongue, and cheek
- -First aid for wound in the palm of the hand
- -Recognize abdominal wounds
- -First aid for an abdominal wound
- -First aid bites and stings

#### **Burns**

- -Take measures to prevent burns
- -Recognize burns
- -First aid for burns

#### Medical Conditions (Diabetes, Convulsions, Asthma and Allergies)

- -Recognize these conditions
- -First aid for these conditions
- -Recognize fever and fever convulsions in infants and children
- -First aid for fever
- Appropriate medication assist for anaphylaxis, heart attack, asthmatic attack

#### **Bone and Joint Injuries**

- -Recognize bone and joint injuries
- -First aid for bone and joint injuries
- -Recognize muscle strain and provide first aid

## **Head Spinal and Pelvic Injures**

- -Recognize head and spinal injuries and the first aid measures
- -Control bleeding from the scalp and ears
- -Recognize pelvic injuries
- -Chest injuries
- -Recognize and first aid for chest injuries
- -Recognize penetrating chest wound and first aid for such injuries
- -First aid for flail chest
- -Recognize rib fracture and provide first aid
- -Recognize blast injury to the chest and provide first aid

## **Multiple Injury Management**

- -Establish priority of first aid and transportation in a multiple casualty situation
- -Ongoing casualty care for multiple casualties

## **Rescue Carries**

- -Principles of safety when moving a casualty
- -Eye injuries
- -Measure to prevent eye injuries
- -First aid for foreign objects in eyes
- -First aid for wounds in and around the eye
- -First aid for burns to the eye

#### Poisons, Bites, and Stings

- -Prevention of poisoning
- -Recognize poisoning
- -First aid for poison
- -First aid for bites and stings
- -Opioid related emergencies

## **Heat and Cold Injuries**

- -Measures to prevent cold injuries
- -Recognize cold injuries
- -First aid for cold injuries
- -Measures to prevent heat illnesses and the first aid

## **Two Rescuer CPR Adult**

-Two rescuer CPR on adult casualty in an unattended and attended cardiac arrest

## **Automated External Defibrillation**

- -Principles of first aid for cardiovascular emergencies
- -Anatomy and the physiology of the heart
- -Principles of defibrillation
- -AED protocols
- -Knowledge of handover to EMS when using and AED
- -AED maintenance

#### **Child Resuscitation**

- -Measures to prevent breathing emergencies in children
- -First aid for a choking child
- -One rescuer CPR on a child

#### **Infant Resuscitation**

- -Measures to prevent breathing emergencies in infants
- -Provide first aid for a choking infant
- -One rescuer CPR on a child

## **Skill Section – Demonstration/Performed**

- -Fractured collar bone sling
- -Dislocation shoulder sling
- -Open fracture upper arm splint
- -Closed fracture forearm/wrist splint
- -Closed fracture upper leg, knee splint
- -Open fracture lower leg splint
- -Sprained ankle-
- -CPR infant child adult level C
- -AED
- -Choking, back blows/abdominal thrust
- -Epinephrine auto injector
- -Bronchodilator
- -Recovery position
- -Simple dressing